

FOOD

LUNCH TIME ONLY 11:00~14:30



One-plate dish
¥1375 (tax exc. ¥1250)

with soup

¥1705 (tax exc. ¥1550)

Please choose your main dish



Non-Fried Chicken
with Tartar Sauce

or



Oven baked Salmon
with Mayonaise sauce



Grilled Hamburger Steak
with Vegetable and
Spice Olive Sauce

¥2310 (tax exc. ¥2100)



Ishikawa Sea Bass Fritter
with Rich Saffron Sauce

¥2310 (tax exc. ¥2100)

岩下の新生姜



Collaborative Menu

**Fresh Ginger and Shrimp
Soy Milk Coconut Cream Pho**

With 3 kinds of
Vegetable Deli

¥1485 (tax exc. ¥1350)

**Steamed Chicken and
Vegetable Pho**

**Steamed Chicken,
Sea weed and egg Pho**

With 3 kinds of
Vegetable Deli

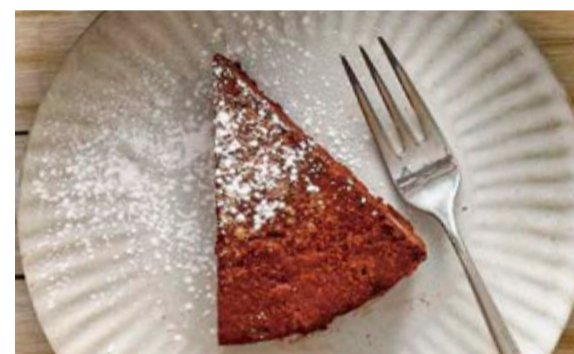
¥990 each (tax exc. ¥900)

[Single Pho] ¥825 each (tax exc. ¥750)



Baked Cheesecake

¥550 (tax exc. ¥500)



Gateau Chocolate

¥550 (tax exc. ¥500)



**Plenty of
Vegetables Curry Rice**

¥1265 (tax exc. ¥1150)

with Soup

¥1595 (tax exc. ¥1450)



**Monthly Bagel &
Delicatessen Salad**

with Soup

¥935 (tax exc. ¥850)

[Single Bagel] ¥385 (tax exc. ¥350)

Please ask our staff for details.



**Monthly Half-Pizza &
Delicatessen Salad**

with Soup

¥1045 (tax exc. ¥950)

Please ask our staff for details.

CAFE TIME ONLY 14:30~



**Blueberry Jam Monaka,
Japanese wafer cake**

¥770 (tax exc. ¥700)



Soy Milk and Tea Chiffon Cake
with Caramel Chantilly

¥770 (tax exc. ¥700)

A LA CARTE

• Steamed Chicken and Vegetable Pho(Half size) Single

¥660 (tax exc. ¥600)

• French Fries

¥440 (tax exc. ¥400)

• Curing soup with Five kinds of Condiments and Fermented foods

¥330 (tax exc. ¥300)

SET DRINK + ¥220 (tax exc. ¥200)

choice of Drink ▼

▶ TANITA COFFEE ● HOT ● ICE

▶ APPLE JUICE ● ICE

▶ ORENJE JUICE ● ICE

▶ OOLONG TEA ● ICE

▶ "RELAX" HERBAL TEA ● HOT
(caffeine-free)

▶ "REFRESH" HERBAL TEA ● HOT
(caffeine-free)

▶ "BEAUTY" HERBAL TEA ● HOT
(caffeine-free)

▶ "SHAPE" HERBAL TEA ● HOT
(caffeine-containing)

DRINK



Ginger Cinnamon Soy Milk Masala Chai

HOT ICE ¥715 (tax exc. ¥650)



噛む
スムージー
カムージー
®

Strawberry Chewable Smoothie = Kamoothie®

¥715 (tax exc. ¥650)



クロロゲン酸が
通常のコーヒーの
2倍以上

TANITA Coffee Premium Blend

HOT ICE ¥528 (tax exc. ¥480)

TANITA Coffee Soy Milk Cafe Au Lait

HOT ICE ¥583 (tax exc. ¥530)

TANITA Coffee Almond Milk Cafe Au Lait

HOT ICE ¥583 (tax exc. ¥530)



You can choose

Soy Milk

or

Almond Milk

Cafe Latte with Green Tea and Kuromitsu

HOT ICE ¥638 (tax exc. ¥580)

Honey Latte with Black Sesame and Kinako

HOT ICE ¥638 (tax exc. ¥580)

Green Tea and Kuromitsu Soy Milk Cream Cafe Latte

HOT ICE ¥748 (tax exc. ¥680)

Black Sesame and Kinako Soy Milk Cream Honey Latte

HOT ICE ¥748 (tax exc. ¥680)

Herb Tea

¥528 (tax exc. ¥480)

HOT ONLY

TANITA CAFE ORIGINAL HERBAL TEA



"RELAX" HERBAL TEA

(caffeine-free)

▶ Olive, Chamomile, Mulberry tea



"REFRESH" HERBAL TEA

(caffeine-free)

▶ Lemongrass, Lemon peel, Loquat leaf



"BEAUTY" HERBAL TEA

(caffeine-free)

▶ Rooibosti, Hibiscus, Rosehip



"SHAPE" HERBAL TEA

(caffeine-containing)

▶ Puerh, Glutinous barley, Eucommia

100% APPLE JUICE

ICE ¥440
(tax exc. ¥400)

100% ORANGE JUICE

ICE ¥440
(tax exc. ¥400)

OOLONG TEA

ICE ¥418
(tax exc. ¥380)